

Columbia County Mental Health Center

For more information about services available at the Columbia County Mental Health Center please contact us at:

Tel: (518) 828-9446

Fax: (518) 828-9450

Hours:

Monday – Friday

8:00 am – 5:00 pm

Extended hours available at Hudson and Valatie, by appointment only, until 7:00 pm Wednesday and Thursday; After-hours emergency on-call services.

Or visit us online at:

www.columbiacountymhc.com



Licensed Professional staff serving Columbia County residents at this convenient Location:

Department of Human Services
325 Columbia Street, Suite 300
Hudson, NY 12534

With Satellite Locations:

Valatie Behavioral Health
Valatie Medical Arts
1301 River Street, Suite 206
Valatie, NY 12184

Twin County Recovery Services
350 Power Avenue
Hudson, NY 12534

Hudson City School District
Taconic Hills Central School District
Germantown Central School District

FACT SHEET

CLINICAL SERVICES Include:

- Assessments
- Crisis Services
- After-hours On-Call
- Individual Counseling
- Family Counseling
- Couples Counseling
- Group Therapy
- Psychiatric Evaluations
- Psychological Evaluations
- Health Monitoring
- Medication Management
- Clinically Focused School-Based Services

If you are interested in receiving our services, we are now offering first-time walk-in availability (Open Access) Monday – Thursday, 9:00 am – 11:00 am at 325 Columbia Street, Suite 300; Hudson, NY.

ANGER MANAGEMENT:

- Individual and Group treatment provided by Certified Anger Management Specialist II (CAMS II)
- Meets requirements for Court Ordered Anger Management Treatment
- Certified by the National Anger Management Association (NAMA)

CHILDREN'S CASE MANAGEMENT & ADULT CARE COORDINATION:

- Comprehensive Case Management
 - Care Coordination and Health Promotion
 - Comprehensive Transition Care
 - Client and Family Support
 - Referral to Community and Social Support Services
- Addresses Coordination of care/case management so that medical, behavioral health and social needs are met in a comprehensive manner.*

SINGLE POINT OF ACCESS (SPOA): Referrals assess the mental health case management needs of children and families.

HOUSING SPOA: The goal of Housing SPOA is to remove barriers to successful community living for adults with serious mental illness.

INSURANCE: The Columbia County Mental Health Center accepts Medicaid, Medicare, Fidelis, and managed care plans. Co-payment and deductible (if any) is the responsibility of the insured at the time of the appointment. For those ineligible for insurance, we offer a sliding scale.

Inspiring Wellness and Recovery: Connecting People, Ideas and Resources