



325 Columbia Street · Suite 300 · Hudson, New York 12534 · (518) 828-9446 · Clinic Fax (518) 828-9450  
Michael W. Cole, LCSW, Director of Community Services  
Daniel S. Almasi, LCSW-R, Deputy Director / Director of Clinical Services

The Columbia County Mental Health Clinic (CCMHC) is committed to offering its clients the most comprehensive level of care possible. This means we believe in compassionate care that addresses all of your needs. We know that life circumstances such as physical health, employment, education, financial situations and substance use can have a major influence on the wellness and recovery that a client experiences during their treatment. The better we understand your needs and life circumstances, the better the outcome you are likely to have from treatment.

The process of understanding your needs starts with what is known as the Comprehensive Assessment. The Comprehensive Assessment is how the therapist will come to understand your specific needs. This assessment usually consists of a therapist asking questions about different aspects of your history. In addition, the CCMHC uses written screening tools such as the CRAFFT, Simple Screening Instrument for Substance Abuse and a tobacco screen to see if you might have additional needs. Research has shown that as many as 40-50% of people seeking mental health services also struggle with substance abuse. A large number of people go untreated because no one ever thought to ask them about their alcohol or drug use. The CCMHC believes that it's important to ask all clients about their drinking or drug use patterns. By doing this we can create the most appropriate treatment plan possible. We utilize a screening tool called the Simple Screening instrument for Substance Abuse for adults and the CRAFFT for children ages 11-17. Some clients may also be offered an oral fluid test which will test for the presence of alcohol and specific drugs.

Currently, the CCMHC uses Quest Diagnostics as its laboratory for processing fluid test results. Costs associated with the test are billed directly through Quest Diagnostics. Clients who are under a Managed Medicaid policy may be required to pay a laboratory co-pay. If you have questions or concerns please contact your insurance company directly to ask about your coverage.

**Helping Columbia County Residents Find Hope & Healing For Over 50 Years**

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